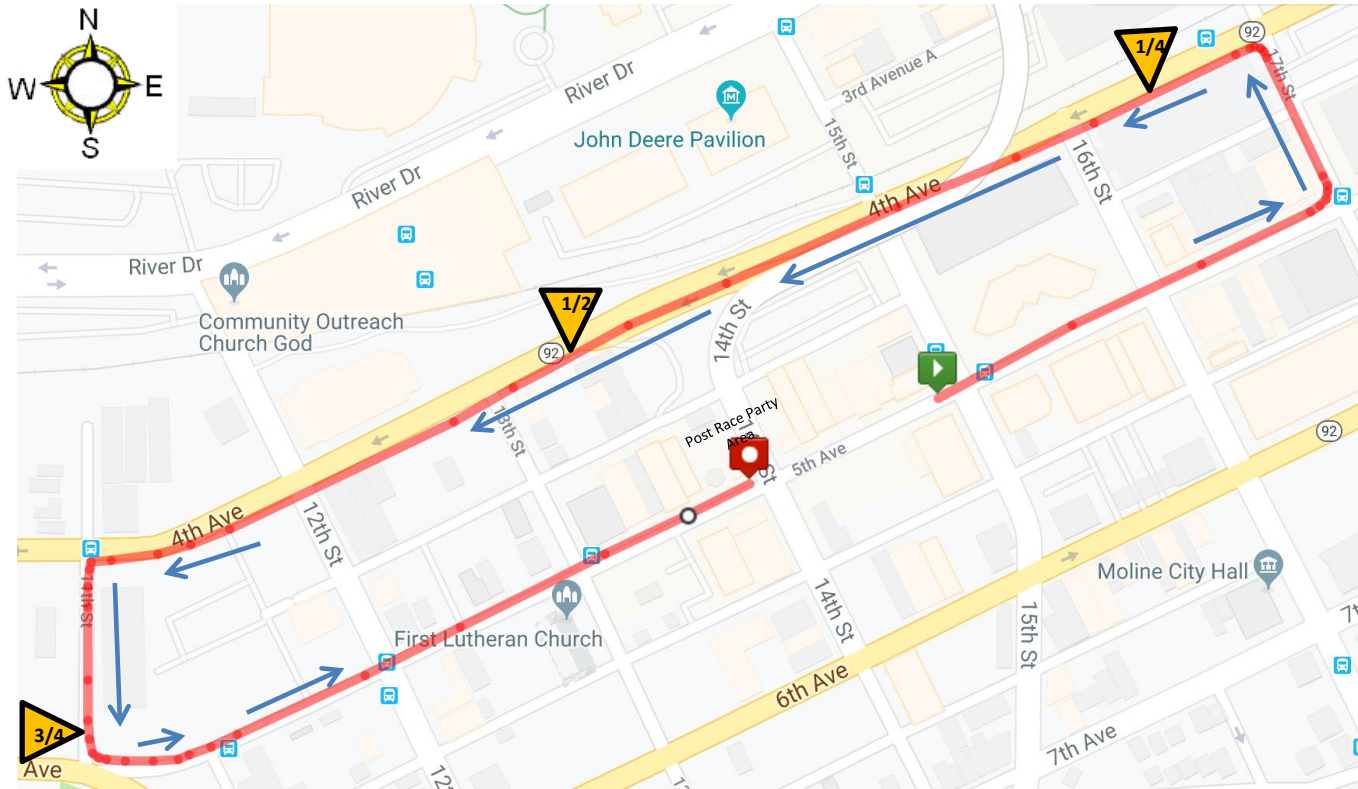




1 Mile Route

Flat and Fast, this spectator friendly course will start on 5th Avenue at 15th Street (Green Arrow box below). Runners will run east on 5th Avenue until turning left on 17th street, followed by another left onto 4th Avenue which you will continue on until taking another left on 11th Street followed by another left onto 5th Avenue and then head into the finish line (Red Arrow box below).



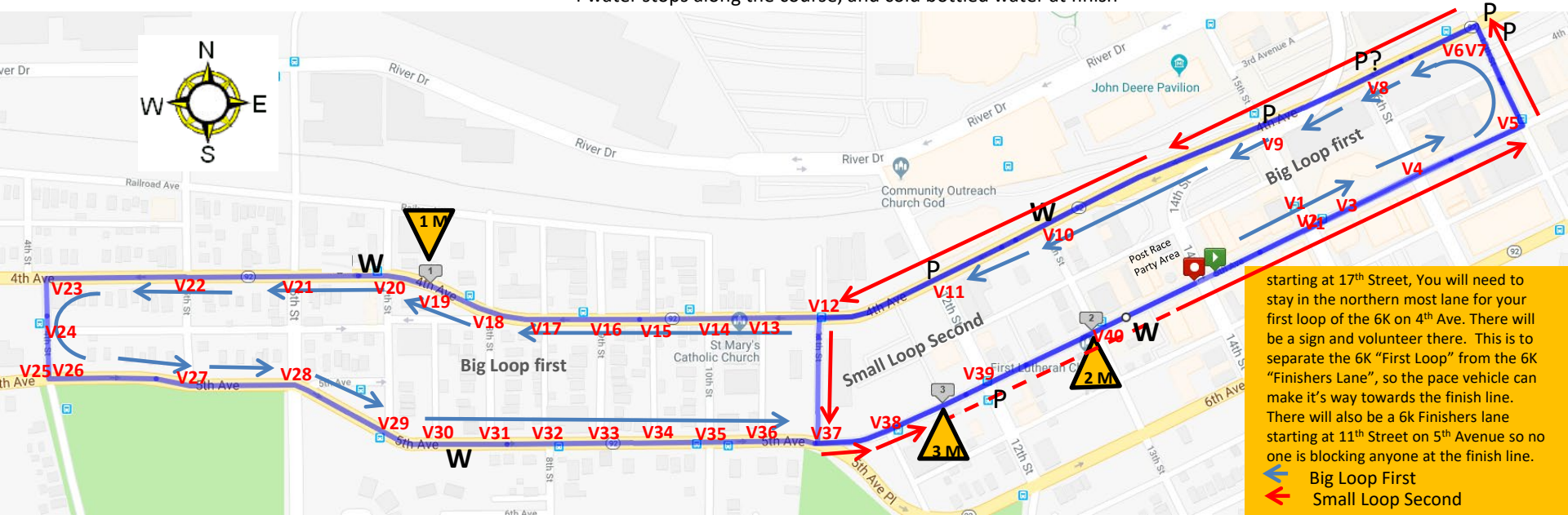


5.1K Route

Downtown, Moline, IL

Just one big loop, one small loop, then Finish!!

Flat and Fast, this spectator friendly course will start on 5th Avenue at 14th Street (Green Arrow box below). Participants head East on 5th Avenue until turning left on 17th street, followed by another left onto 4th Avenue which you will continue on until taking another left on 4th Street followed by another left onto 5th Avenue and then continue East until turning left onto 17th Street, followed by another Left onto 4th Avenue which you will continue on until taking another left onto 11th street, followed by another left onto 5th Avenue and then the sprint home towards the Finish line located at 14th Street (**Red Box**) There will be 4 water stops along the course, and cold bottled water at finish



starting at 17th Street, You will need to stay in the northern most lane for your first loop of the 6K on 4th Ave. There will be a sign and volunteer there. This is to separate the 6K "First Loop" from the 6K "Finishers Lane", so the pace vehicle can make it's way towards the finish line. There will also be a 6k Finishers lane starting at 11th Street on 5th Avenue so no one is blocking anyone at the finish line.

- Big Loop First
- Small Loop Second