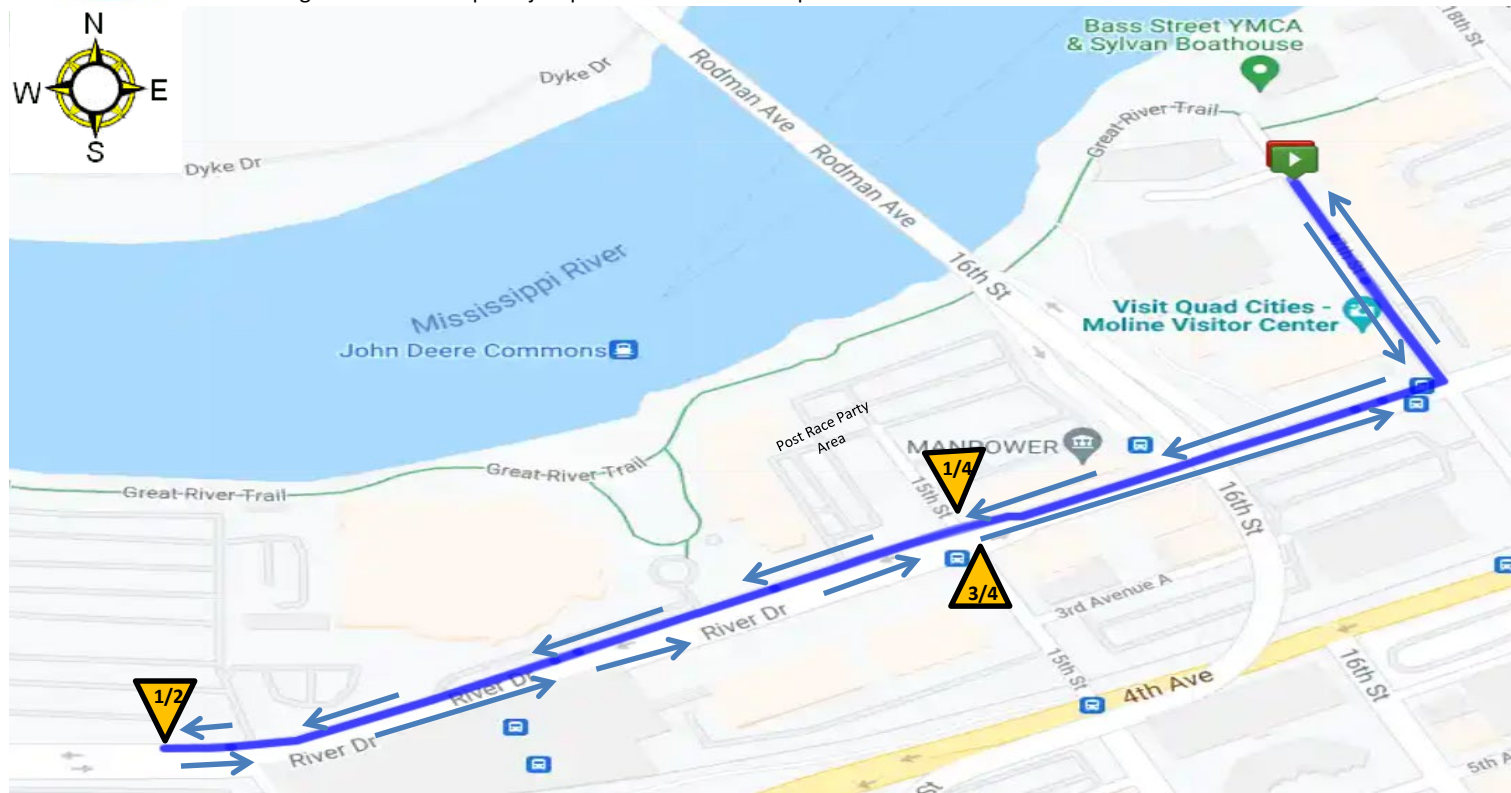




1 Mile Route

Flat and Fast, this spectator friendly, out and back course will start on 17th Street, in front of Stoney Creek Inn (Green Arrow box below). Participants will run South on 17th Street until turning right onto River Drive where they will continue running West until reaching the turnaround point just past 12th Street. Participants will then follow the same route back to the Finish Line





5K Route

Flat and Fast, this scenic 5K course will start on 17th Street, in front of Stoney Creek Inn (Green Arrow box below). Participants will run South on 17th Street until turning right onto River Drive where they will continue running West until reaching 46th Street where they will turn right, followed by another right onto 3rd Avenue/Bike path. Participants will follow the bike path all the way to 19th street where they will take a right, followed by another right onto River Drive. Participants will follow River Drive back to 17th Street where they will take a final right and sprint towards the finish line.

